The Mount Sinai Training School for Nurses

New York City

CIRCULAR OF INFORMATION

1912—1913

MOUNT SINAI HOSPITAL

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Lecturers

LYDIA ANDERSON, B.A.R.N. ..... *Anatomy and Physiology*
JOHN GERSTER, M.D. ..... *Surgical Clinics*
HARRY WESSLER, M.D. ..... *Medical Clinics*
E. P. BERNSTEIN, M.D. ..... *Materia Medica*

Instructors

ELVA GEORGE ..... *Dietetics*
ALICE GILBERT ..... *Massage*

FACULTY

Superintendent of Nurses and Principal of Training School

Assistant and Acting Superintendent

MARTHA M. SCOTT

The Mount Sinai Training School, New York City, 1906

Night Superintendent

THERESA M. MacNAB

The Mount Sinai Training School, New York City, 1907

Supervisor Private Pavilion

ALICE S. HARRIS

The Mount Sinai Training School, New York City, 1899

Supervisor Surgical Pavilion

HELEN A. LEES

The Mount Sinai Training School, New York City, 1911

Supervisor Medical Pavilion

M. ELEANOR LEE

The Mount Sinai Training School, New York City, 1907

Supervisor Children's Pavilion

ANNIE GRIEVE

The Mount Sinai Training School, New York City, 1908

Supervisor of Nurses' Instruction

MARGARET I. KERRINS

The Bridgeport Hospital Training School, Bridgeport, Conn., 1902

Supervisor Operating Rooms

MARY R. ERWIN

The Mount Sinai Training School, New York City, 1908

Supervisor Dispensary

MABEL FLETCHER, B.A.

St. Luke's Hospital, New York City, 1899

Night Supervisor Private Pavilion

EMELINE RUDOLPH

The Mount Sinai Training School, New York City. 1910

Supervisor Nurses' Pavilion

ELEANOR D. KASE

Warder Hospital, Philadelphia, Pa., 1893

Assistants

PRIVATE OPERATING ROOM

EVELYN TROUMBLEY

The Mount Sinai Training School, New York City, 1911

MAIN OPERATING ROOM

ELLA OSBORN

The Mount Sinai Training School, New York City, 1909

FRANK MARSHALL

The Mount Sinai Training School, 1909

Instrumentaire

BLANCHE HORNER

The Mount Sinai Training School, New York City, 1909

Head Nurses

PRIVATE PAVILION

LOTTA SWAZIE

The Mount Sinai Training School, New York City, 1911

ALICE M. DEAN

The Mount Sinai Training School, New York City, 1909

PRIVATE WARDS

MADELEINE TISCH

The Mount Sinai Training School, New York City, 1910

EYE, EAR, NOSE AND THROAT WARDS

EDYTHE SCOTT

Los Angeles County Hospital, Los Angeles, California, 1906

RECEPTION WARD

GRACE McCOWAN

The Mount Sinai Training School, New York City, 1912

Registrars

MAUDE L. JARVIS

St. Luke's Hospital, New York City, 1897

HELEN DEANE

The Mount Sinai Training School, New York City, 1910

GENERAL STATEMENT

The Mount Sinai Training School for Nurses, established in 1881, offers a course of instruction to women desiring to enter the nursing profession.

The School building is a separate structure within the grounds of the Mount Sinai Hospital, Fifth and Madison Avenues, 100th and 101st Streets, New York City. The rooms for the nurses are comfortable, well heated, lighted and ventilated, and the building is modern in all its appointments.

EQUIPMENT

The Mount Sinai Hospital affords exceptional advantages for the education of nurses. The new buildings embrace the most modern and improved features of hospital construction. It is one of the largest hospitals in the city and contains 500 beds for the sick. Its service is varied, having general medical, surgical and children's wards, in addition to special wards devoted to the care of patients suffering with Gynæcological, Dermatological, Neurological, Ophthalmic, Aural and Genito-Urinary diseases.

It embraces a Private Pavilion, eight operating rooms, and a large Dispensary, thus offering unsurpassed opportunities for thorough practical experience in all kinds of nursing. By arrangement with the Trustees of the Sloane Maternity and of the New York Lying-In Hospitals, the pupils receive a three-months course in Obstetrics at these famous institutions. Instruction in properties and prepara-

NURSES' HOME

tions of foods, with their application to the needs of the sick, is given in a diet kitchen, equipped for teaching. The opportunity of District Nursing and of training in hospital social service work is granted to a limited number who desire that experience.

REQUIREMENTS FOR ADMISSION

Candidates wishing to enter the School must apply personally or by letter to the Superintendent of the Training School. Those applying should send in a letter giving a personal history, and enclosing a statement from some responsible person testifying to good moral character, and one from a physician certifying to sound health and unimpaired faculties.

Applicants must be between twenty-one and thirty-three years of age. They must have a thorough English education, and women of superior education and cultivation will be preferred.

TERMS OF ACCEPTANCE

Students are admitted in the Spring and Fall, in classes, for a preliminary term of three months.

If the record of the student should prove unsatisfactory during the first six months, her connection with the School may be terminated by the Superintendent of the Training School. At any subsequent time the Board of Directors may dismiss a pupil upon recommendation of the Committee on Nurses and Instruction, for misconduct, inefficiency or failure to develop qualities befitting the nursing profession.

ALLOWANCE FOR EXPENSES

The pupils receive board, lodging and laundry from the date of entrance. After the expiration of two months, an allowance of $8.00 per month will be given for the entire term of three years. This allowance is made to defray the expense of uniforms, text-books and stationery.

VACATIONS

A period of three weeks is allowed each pupil at or near the end of her first and second years. These vacations are planned as far as possible to occur between the first of June and the last of September, and occasionally in the month of December.

RELIGIOUS SERVICES

The School being non-sectarian, there are no religious services connected with it. All pupils are expected to attend the place of worship which they prefer.

SICKNESS

In sickness all pupils are cared for in the Hospital by one of the Attending Physicians appointed by the Board of Directors. Time lost through illness (in excess of one month) is required to be made up. Through the generosity of one of the Hospital Board of Directors, a room in the Hospital has been endowed for the benefit of sick nurses who are graduates of the School.

GENERAL PLAN OF INSTRUCTION

The three-years' course is divided into—

Preliminary term of three months.
Junior term of nine months.
Intermediate term of one year.
Senior term of one year.

RECEPTION ROOM IN NURSES' PAVILION

Preliminary Term—

Hygiene and Sanitation.
Domestic science; particularly in relation to foods.
Bacteriology.
Solutions.
Bandaging.
Elementary Nursing.

Junior Term—

Anatomy and Physiology.
Materia Medica.
Urinalysis.

Intermediate Term—

Nursing Ethics.
Massage.
Medical Diseases.
Surgical Diseases.
Children's Diseases.
Contagious Diseases.
Obstetrics.

Senior Term—

Instruction and practice is given in Operating-Room Technique.
Care of Private Patients.
District Nursing.
Executive Work.

The Preliminary Term—

In this three months a large part of the time is spent in study and demonstration in the Class Room. Classes are held in which the pupil is instructed as to what are the essential qualifications of a nurse; and clinics in the practical part of nursing, so that students may become familiar with the various appliances and utensils used in caring for the sick. The time spent in the wards is under special supervision as to the manner in which the pupil follows the instruction received in demonstrations and as to her general fitness of disposition and temperament for the work of nursing.

The Junior and Intermediate Terms—

During this period the students receive instruction in practical work in the men's, women's, children's medical and surgical, in the gynæcological, in the eye and ear wards, as well as in the dispensary.

The Senior Term—

The practical work of this year consists of attendance in the Operating Rooms, Private Pavilion and the management of the various wards. Lectures and demonstrations are given throughout the course by competent instructors.

EXAMINATIONS

Examinations are held at the close of the course of instruction in the various subjects. These examinations, which are both written and oral, include practical tests, and the standing of the student is based upon the general char-

ROOF GARDEN ON NURSES' HOME

acter of her work throughout the year, as well as upon the results of the examinations. Students must pass on all subjects before entering upon the work of the following year.

GRADUATION

The diploma of the School will be awarded to those who have completed satisfactorily the full term of three years, and have passed successfully the final examinations. A diploma is also awarded by the Sloane Maternity Hospital or the New York Lying-In Hospital for the three months' Obstetrical Course.

SCHOLARSHIPS

The Murry Guggenheim Scholarship Fund provides twelve scholarships of the value of $100.00 each. These scholarships are awarded annually at the commencement to the twelve pupils who have shown exceptional merit in all branches of the work.

The Betty Loeb Fund provides two prizes to be given annually at the commencement to nurses showing marked advancement during the last year of training.

NURSES' PLEASURE FUND

Through the generosity of one of our Trustees, the Lillie Stern Scholle Fund has been established. The interest of this fund is used to provide pleasure and entertainment for our pupil nurses.

LIBRARY

A reference library has been given and endowed by a friend of the Training School. This contains books which supplement the class work and enable any pupil to pursue advanced study while in the School.

In addition to the above there is a library of works of standard authors. To this the nurses have access at all times. Magazines and papers supply general information and keep the nurses interested in current events.

REGISTRY

The Training School maintains a registry for its graduate nurses. There has been from year to year a steady increase in the number of calls for Mount Sinai graduates.

SURGICAL WARD IN CHILDREN'S PAVILION

Class of 1912

Blanch T. Binks.....Ottawa, Canada
Helena Hargan .....Greenwood, N. Y.
Anna Honold .....Frankfort-on-Main, Germany
Augusta Johnston .....Dublin, Ireland
Adelaide M. Levi .....New York City, N. Y.
E. Blanche Lindsay .....Kars, Canada
Grace H. McCowan.....New York City, N. Y.
Jean M. Muir .....Glasgow, Scotland
Lotta Robinson .....Burford, Ont.
Ray Samuels .....Montreal, Canada
Jessie E. Scott .....Syracuse, N. Y.
Alice F. Thompson .....Queensboro, Canada
Nina Coad .....Toledo, Canada
Sadie Naughton .....Wapakoneta, Ohio
Edna P. Clay.....Canal Fulton, Ohio
Clara Cook .....Dushon, Pa.
Letitia Cook .....Stratford, Canada
Blanche Friend .....London, Canada
Edna L. Hanna .....Casburn, Canada
Irene Harding .....Ansonia, Conn.
Helen C. Harrison .....Maccan, N. S.
Helen F. Heeran .....Rensselaer, N. Y.
Maude F. Lee .....Pawtucket, R. I.
Anna McNicol .....Belmont, Canada
Mary McNicol .....Belmont, Canada
Laura A. Newcomb .....Cornwallis, N. S.
May E. Overend .....Orillia, Canada
Genevieve I. Robb .....Jersey City, N. J.
Anna Schlumberger .....Boston, Mass.
Ziporah R. Sugarman .....Cincinnati, Ohio
Edna McRobert .....London, Ont.
Amy Trench.....Jamaica, B. W. I.
Ingeberg Carlson .....Sweden

Lottie Cooke ..... Brantford, Ont.
Flossie Connerty ..... Jasper, Ont.
Maude Clappison ..... Hamilton, Ont.
Lilian Emes ..... Drayton, Ont.
Clara Fogel ..... Philadelphia, Pa.
Florence Griffin ..... Grand Manon, N. B.
Marie Goldstone ..... Detroit, Mich.
Elizabeth Helman ..... Russia
Lena Losee ..... Picton, Ont.
Olive MacDonald ..... Greenport, N. Y.
Alice Murray ..... Walton, N. Y.
Ruby Pease ..... Emporia, Kansas
Charlotte Rennie ..... Brampton, Ont.
Myrtle Robbins ..... Millgrove, Ont.
Elvia Robertson ..... Marshfield, P. E. I.
Agnes Scott ..... Moncton, N. B.
Gladys Simpson ..... London, Ont.

Class of 1913

Josephine Bauer ..... Newark, N. J.
Gifford Brown ..... London, Ont
Minetta Buckelew ..... New Brunswick, N. J.
Hannah Bulger ..... St. Johns, Newfoundland
Mary Caulfield ..... Ireland
Jennie Gates ..... Charlottetown, P. E. I.
Harriet Gerrett ..... Hamilton, Ont.
Primrose Heinrichs ..... Ottawa
Edith King ..... Lexington, Ky.
Eula Mallory ..... New York City, N. Y.
Katharine McNiff ..... Danbury, Conn.
Elizabeth Nash ..... Lynn, Mass.
Ada Potter ..... Nanotick, Ont.

Anna Albert.....New York City, N. Y.
Ruth Boast .....North Wales
Helen Cannon .....Rutland, Vt.
Sadie Frucht .....New York City, N. Y.
Cecile Hirschman .....Charleston, S. C.
Olive Conrad .....Halifax, N. S.
Kate Cocks .....Port Sydney, Ont.
Elizabeth Dixon .....Birckville, Ont.
Ada Joliffe .....London, Ont.
Frances MacGuire .....Govey, Ireland
Marion Regan .....Orillia, Ont.
Emma Strauman .....Basel, Switzerland
Winifred Forsland .....Ireland
Norah Sharp .....Dundee, Scotland
Selma Akerfelt .....Sweden
Mida Arthur .....Pawtucket, R. I.
Mary Baxter .....Red Hook, N. Y.
Katherine Calkins .....Kingston, N. Y.
Anna Doyle .....New York City, N. Y.
Mary Doyle .....New York City, N. Y.
Ina Downs.....Tee Side, N. B.
Hanna Fex .....Malmo, Sweden
Frances Goldsmith .....Chicago, Ill.
Orma Honetor .....Monis, Pa.
Maude Horner .....Wailuku, H. I.
Blanche Jones .....Fenton, England
Fannie Lissauer .....Munich, Germany
Florence MacEachern .....Souris East, P. E. I.
Maude Miller .....Charlottetown, P. E. I.
Lilian Mills .....River Hebert, N. S.
Victoria Morrison .....N. Y. City, N. Y.
Libbie Myers .....East Tawas, Mich.
Louise Towns .....Athens, Ga.
Norine Birns .....East Orange, N. J.
S. Elwin Cady .....Auburn, N. Y.

Class of 1914

Anna Anderson ..... Stockholm, Sweden
Grace Clarke ..... New York City, N. Y.
Tessa Donnelly ..... Allison, Ont.
Catherine M. Dowd ..... Springfield, Mass.
Dora Fluekiger ..... Beloit, Wisconsin
Sidney Harvey ..... London, England
Frances Layton ..... Branchville, N. J.
Bessie Noble ..... London, Ont.
Margaret Olsen ..... Christiana, Norway
Lucy Price ..... Jersey City, N. J.
Jean Prudy ..... Morrisonville, N. Y.
Lillian Richardson ..... Ottawa, Ont.
Ada Stuart ..... Dublin, Ireland
Mary Tower ..... New Britain, Conn.
Viola Crowe ..... New York City, N. Y.
Lizzie Cooper ..... Tarves, Scotland
M. Pauline Cowen ..... Wickford, R. I.
Dirce Cornwall ..... Baldwin, L. I.
Helen Kelleher ..... Greenwich, Conn.
Katharine Lahr ..... New York City, N. Y.
Esther Lund ..... Brooklyn, N. Y.
Ruth Lycth ..... New York City, N. Y.
Alice Mulligan ..... Greenwich, N. Y.
Sara Petersen ..... Denmark
Minnie Roberts ..... Berlin, Ont.
Ray Ugstad ..... Arendal, Norway
Erna Bollenbach ..... Bloomfield, N. J.
Grace Howell ..... Easton, Pa.
Katharine O'Byrne ..... Cohoes, N. Y.
Euphemia Young ..... Due West, S. C.
Jennie Barrows ..... Westdale, N. Y.
Jean L. Birch ..... Prescott, Ont.
Elizabeth Brent ..... New York City, N. Y.

Cora Ball.....Ottawa, Ont.
Margaret Goede.....Baerwalds, Pomerania
Mattie Hebb.....Hebb's Crossing, N. S.
Elizabeth Haesele.....Columbus, Ohio
Agnes Highberg .....Sweden
Edna M. Humphrey .....Palmipa, Ont.
Anna Marsh .....Belleville, N. J.
Mary McMahon .....Hamilton, Ont.
Isabel Mackenzie.....New Glasgow, N. S.
Ellen Olson .....Cromwell, Conn.
Carrie Oliver .....Newton, N. J.
Anne Powell .....West Galway, N. Y.
Monica Scott .....Jersey City, N. J.
Lucile Spratling .....Morris Plains, N. J.
Lulu Tuttle .....Dundela, Ont.
Bertha Wait .....Fort Edward, N. Y.
Gertrude Willett .....Halifax, N. S.
Gudrun Windel .....Aarlus, Denmark
Kittie Zachariah .....Christ Church, New Zealand
Pauline Gottesman.....Roumania
Muriel Kerss .....Webb Herford, England
Eleanor Kern.....New York City, N. Y.
Lillian Moore .....Oshkosh, Wis.
Louise Moxham .....Longford, Ireland
Mabel F. de Baun.....Roseton, N. Y.
Sophia Frank .....Wilkes-Barre, Pa.
Hilda B. Olsen .....Boston, Mass.

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